



Personal Growth Environment Specialist
Certified Maxwell Leadership Executive Program Member

Keynote Speaking and Professional Development Topics

Connecting Compounds

Connecting. It works in chemistry and...in relationships. And just as chemical bonds are difficult to break, so are those that result when people engage in ways where all feel seen, heard and valued. Discover the simple, powerfully practical steps you can take to increase your influence and improve your outcomes by intentionally connecting. You'll walk away understanding: *Why proactive beats reactive* | *Why your attitude determines your altitude* | *Why smaller is bigger when it comes to connecting.*

Finding the Pattern to Connection

People are the messy necessity of business success. And, understanding that "messy starts with me" is the perfect place to begin the search for a solution. Knowing what makes *you* tick, causes *you* to react, lights *your* fire and drives *you* crazy can actually better equip you to relate well with others. This interactive session explores how an awareness of where *you* stand can cause a shift in perspective that leads to healthier communication, improved relationships and enhanced business performance.

Lifting Leadership: Compass, Clarity and Capacity

Forward movement and increased capacity requires forward thinking and the willingness to tackle the topic of self-leadership. When it comes to leadership...it really does begin with you! Discover the navigational benefits of examining your own leadership compass, how misplaced beliefs in leadership myths may be derailing your influence as a leader and how implementing practical steps for personal growth can up level your capacity as a leader. You'll leave with an action plan that you can begin implementing...immediately.

Mind Shift for Growth

Growth doesn't happen accidentally. To grow in self-awareness, character, skills, and relationships requires intentional action steps and favors those willing to tackle the issues head-on. Individuals who are growing not only improve the quality of their personal and professional life but they also have more to offer to others. Discover a new lens for viewing what may be keeping you "here" when you want to be "there." And, you'll receive some insanely practical steps for moving forward on your own growth journey.

Seeing Blind Spots

We all know the actuality of blind spots in driving, but being willing to admit the inevitability and effect of that same pesky reality in our own lives is a different story. Successfully addressing them requires a different lens; the powerful and often painful necessary questions. Sharing with raw candor the journey of owning her blind spots Amy helps others face and navigate this ongoing challenge in their lives. With passion and practicality, this is a “you can do this” session that will inspire and motivate.

The Leadership Game (*available as a half-day seminar only)

Being *told* to do something (even if it’s really good for us) packs a different punch than being allowed to discover it on our own. The Leadership Game is an interactive experience based on those, “What do you think?” and “What am I missing?” questions that get at the heart of what is really going on in a team or an organization. A level-playing field environment where all perspectives are valued, results in learning, connection and fun! And when people sense they are being heard and are having fun.... that is a perfect first step toward solving problems.